



Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Reduced Iron
-----------------	-----------------	--------------------------	---------	----------	-------------------	--------------------	---------------	------------------	------------------	-------------	-------------	-------------------	--------------------	-------------------	--------------------	------------------	-------------	----------------	--------------	----------------	-------------------

Nutritional Information

Information On Daily Values Is Rounded According to FDA Guidelines

Cookie - 1 Cookie

Oatmeal Peanut Butter Scotchy	58	300	150	16	25%	7	35%	0	25	8%	220	9%	34	11%	2	8%	22	5	4%	4%	0%	6%
Butter Toffee	58	280	120	13	20%	4	21%	0	40	13%	190	8%	37	12%	1	2%	21	3	6%	2%	0%	8%
Chewy Fudge	58	280	130	14	22%	8	40%	0	30	10%	65	3%	37	12%	2	9%	25	3	4%	4%	0%	10%
Chocolate Lovers	58	280	120	13	20%	8	38%	0	30	10%	170	7%	39	13%	1	4%	26	3	6%	25%	0%	8%
Cinnamon Sugar	60	270	100	12	18%	6	30%	0	40	14%	160	7%	39	13%	1	2%	20	3	8%	0%	0%	6%
Debra's Special (Oatmeal Raisin Walnut)	58	270	100	12	18%	5	23%	0	30	10%	210	9%	38	13%	2	6%	23	3	6%	4%	0%	10%
M&M Milk Chocolate Chip	71	320	130	15	23%	8	40%	0	35	12%	190	8%	43	14%	1	4%	29	3	6%	6%	0%	8%
M&M Sugar Butter	62	290	110	13	20%	7	34%	0	40	14%	170	7%	41	14%	1	3%	24	3	8%	2%	0%	6%
Milk Chocolate Chip	58	280	120	13	20%	7	35%	0	30	11%	180	7%	39	13%	1	4%	26	3	6%	4%	0%	8%
Milk Chocolate Macadamia	58	300	140	16	25%	7	37%	0	30	10%	160	7%	36	12%	1	4%	24	3	6%	4%	0%	6%
Milk Chocolate Walnut	58	290	130	15	22%	7	35%	0	30	10%	170	7%	37	12%	1	4%	25	3	6%	4%	0%	8%
Peanut Butter	58	290	140	15	24%	6	29%	0	35	12%	240	10%	33	11%	1	6%	18	5	6%	4%	0%	8%
Semi Sweet Chocolate Chip	58	280	120	13	20%	7	35%	0	30	10%	170	7%	39	13%	1	6%	25	3	6%	2%	0%	8%
Sugar Butter	61	260	100	11	18%	6	30%	0	40	14%	160	7%	37	12%	1	2%	20	3	8%	0%	0%	6%
White Chunk Macadamia	58	310	150	16	25%	8	42%	0	25	9%	170	7%	36	12%	0	0%	25	3	4%	4%	0%	6%

Nibblers

Cinnamon Sugar	38	160	60	7	12%	4	20%	0	30	3%	95	6%	24	7%	0	0%	12	2	4%	2%	0%	4%
M&M Nibbler	36	170	70	7	12%	4	20%	0	20	7%	85	4%	23	8%	0	0%	10	2	4%	2%	0%	4%
Milk Chocolate Chip	36	170	70	8	12%	5	22%	0	20	6%	105	4%	23	8%	1	0%	15	2	4%	2%	0%	4%
Oatmeal Raisin Walnut	36	160	60	7	11%	3	14%	0	20	6%	125	5%	23	8%	1	0%	13	2	4%	2%	0%	6%
Peanut Butter	36	170	80	9	14%	4	17%	0	20	7%	140	6%	20	7%	1	0%	11	3	4%	2%	0%	4%
Semi Sweet Chocolate Chip	36	170	70	8	12%	5	22%	0	20	6%	100	4%	23	8%	1	0%	15	2	4%	2%	0%	6%
Sugar Butter Nibbler	38	170	60	7	11%	4	19%	0	25	9%	105	4%	23	8%	0	0%	12	2	4%	0%	0%	4%
White Chunk Macadamia	36	180	90	10	15%	5	24%	0	20	6%	100	4%	22	7%	0	0%	15	2	4%	4%	0%	4%

Brownies



Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Reduced Iron
-----------------	-----------------	--------------------------	---------	----------	-------------------	--------------------	---------------	------------------	------------------	-------------	-------------	-------------------	--------------------	-------------------	--------------------	------------------	-------------	----------------	--------------	----------------	-------------------

Nutritional Information																						
Information On Daily Values Is Rounded According to FDA Guidelines																						
Peanut Butter Dream Bar	130	640	350	39	60%	19	97%	0	60	20%	300	12%	70	23%	4	15%	59	9	10%	8%	0%	10%
Specialty																						
Hand-Dipped Chewy Fudge	94	430	200	22	34%	15	75%	0	30	10%	95	4%	58	19%	2	9%	46	4	4%	8%	0%	10%
Muffins																						
Blueberry	115	370	150	16	25%	5	25%	0	50	17%	510	21%	49	16%	1	4%	28	5	10%	4%	0%	10%
Chocolate Chip	115	430	190	21	32%	8	40%	0	45	15%	500	21%	56	19%	2	8%	33	5	8%	4%	0%	10%
Raspberry	115	370	150	16	25%	5	25%	0	50	17%	510	21%	50	17%	2	8%	27	5	10%	8%	0%	10%
Mini Muffins																						
Blueberry	26	80	35	4	5%	1	5%	0	10	3%	115	5%	11	4%	0	0%	6	1	2%	0%	0%	2%
Chocolate Chip	26	100	45	5	8%	2	10%	0	10	3%	120	5%	13	4%	0	0%	8	1	2%	2%	0%	2%
Raspberry	26	80	35	4	5%	1	5%	0	10	3%	115	5%	11	4%	0	0%	6	1	2%	2%	0%	2%
Chillers																						
Cookies and Cream Chiller	767	1210	590	65	100%	40	200%	0	155	52%	560	23%	137	46%	3	12%	109	18	15%	15%	0%	15%



Gram Weight (g)	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Calcium	% DV Vitamin C	% DV Reduced Iron
-----------------	-----------------	--------------------------	---------	----------	-------------------	--------------------	---------------	------------------	------------------	-------------	-------------	-------------------	--------------------	-------------------	--------------------	------------------	-------------	----------------	--------------	----------------	-------------------

Nutritional Information Information On Daily Values Is Rounded According to FDA Guidelines
 Products Using Trans Fat Free Icing

Big Cookie Cake - 16 Servings	106	460	190	22	34%	11	55%	0	35	12%	260	11%	66	22%	2	8%	46	4	6%	4%	0%	15%
Cookie Cake Slice	149	650	270	30	46%	16	80%	0	50	17%	390	16%	92	31%	3	12%	62	5	10%	6%	0%	20%
Cookie Card	114	500	210	23	35%	12	60%	0	35	12%	270	11%	71	24%	2	8%	51	4	6%	4%	0%	15%
Heart Cookie Cake	96	420	180	20	31%	10	50%	0	30	10%	230	10%	60	20%	2	8%	43	3	6%	4%	0%	10%