

APPLE & CINNAMON MUFFIN

NUTRITION INFORMATION

Servings per package : 6 Serving size: 165g

	Average Quantity per Serving	% Daily Intake (per Serving)	Average Quantity per 100g
ENERGY	2720kJ (650Cal)	31%	1650kJ (394Cal)
PROTEIN	8.4g	17%	5.1g
FAT, TOTAL	36.1g	52%	21.9g
- SATURATED	6.8g	28%	4.1g
CARBOHYDRATE	72.1g	23%	43.7g
-SUGARS	41.3g	46%	25.0g
SODIUM	586mg	25%	355mg

Percentage Daily Intakes are based on an average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.

Ingredients: Muffin Mix 47% ([(Wheat Flour, Sugar, Vegetable Fat (Emulsifier (471, 477), Antioxidant (307), **Milk Solids**, Thickeners (1422), Raising Agents (500, 541), Salt Natural Flavours, Vegetable Gum (415) Emulsifier (481), Acidity Regulator (330), Vegetable Oil (Antioxidant 307)]), **Egg, Whole** [(Whole Egg Pasteurised)], Oil - Canela Oil [(Canela Oil)], Sugar [(Caster, Cane)], Water [(Water)], Apple [(Apples 92%, Water 7.8%, Ascorbic Acid (300) 0.1%, Citric Acid (330) 0.1%)], Cinnamon [(Cinnamon)], Potassium Sorbate [(Preservative (202, 282), Sugar)], Vanillin [(Vanillin)].

Allergens: Wheat, Egg, Milk.

May contain Traces of Sesame, Soy, Sulphite, Lupin, Peanut & Tree Nut

Characteristic Ingredient: Apple 7%

Shelf Life: 12 Months Frozen, 7 Days Chilled

Storage & Transport: Store Below -18°C Frozen & Below 4°C Chilled

Genetically Modified: This product contains no ingredients which have been genetically modified

Intended Customer: This product is suitable for the general consumer

Final Customer Instructions : Thaw and Serve

Use By Ambient – 2 Days from Thaw when held Ambient (Stored in Refrigeration overnight)

Use By Refrigerated – 3 Days from Thaw when held Refrigerated

Use By Frozen – As Per Date Marked



DATE: MONDAY, 14 SEPTEMBER 2020

Australian Master Franchisee: Cookies Australia P/L

Address: Unit 11 7-15 Gundah Rd, Mt Kuring-gai NSW 2080, PO Box 122

Ph: 02 9472 8555 **Web:** www.mrsfields.com.au

ABN 12 067 254 951