



moments made better

BLUEBERRY MUFFIN

NUTRITION INFORMATION

Servings per package: 6 Serving size: 165g

	Average Quantity per Serving	% Daily Intake (per Serving)	Average Quantity per100g
ENERGY	2360kJ (563Cal)	27%	1430kJ (341Cal)
PROTEIN	7.3g	15%	4.4g
FAT, TOTAL	30.5g	44%	18.5g
- SATURATED	5.7g	24%	3.5g
CARBOHYDRATE	64.0g	21%	38.8g
-SUGARS	37.9g	42%	23.0g
SODIUM	493mg	21%	299mg

Percentage Daily Intakes are based on an average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.

Ingredients: Muffin Mix (42%) [(Wheat Flour, Sugar, Vegetable Fat (Emulsifier (471, 477), Antioxidant (307), **Milk Solids**, Thickeners (1422), Raising Agents (500,541), Salt Natural Flavours, Vegetable Gum (415) Emulsifier (481), Acidity Regulator (330), Vegetable Oil (Antioxidant 307)), Blueberries (22%)(Blueberries)],Egg, **Whole** [(Whole Egg Pasteurised)], Canola Oil [(Canola Oil)], Water [(Water)], Potassium Sorbate [(Preservative (202, 282), Sugar)], Vanillin[(Vanillin)].

Allergen: Wheat, Egg, Milk.

May contain Traces of Sesame, Soy, Sulphite, Lupin, Peanut & Tree Nut

Characteristic Ingredient: Blueberries 22% Shelf

Life: 12 Months Frozen, 7 Days Chilled

Storage & Transport: Store Below -18°C Frozen & Below 4°C Chilled

Genetically Modified: This product contains no ingredients which have been genetically modified

Intended Customer: This product is suitable for the general consumer

Final Customer Instructions: Thaw and Serve

Use By Ambient – 2 Days from Thaw when held Ambient (Stored in Refrigeration overnight)

Use By Refrigerated – 3 Days from Thaw when held Refrigerated

Use By Frozen – As Per Date Marked



DATE: MONDAY, 14 SEPTEMBER 2020

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