



moments made better

Curry Beef Gourmet Pie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 200g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1930kJ	965kJ
Protein	29.3g	14.7g
Fat, Total	19.2g	9.6g
- Saturated	9.8g	4.9g
Carbohydrate	39.6g	19.8g
- Sugars	1.8g	0.9g
Sodium	481mg	241mg

Ingredients:

Pastry: **Wheat** Flour, Margarine (Vegetable Fats & Oil, Water, Salt, Skim **Milk** Powder, Whey Powder, Emulsifiers (**Soy** Lecithin, 471), Food Acid (330), Flavour), Water, Raising Agent (500), Preservative (202), Colours (336, 160a), Improver (920).

Filling: Beef (45%), Water, Potatos (contains Sodium **metabisulfite**, Thickener (1422), Onion, Cream, Herbs & Spices (Ginger, Garlic, Chilli, Paprika, Cumin, Cinnamon, Coriander, Cayenne Pepper, Cardamom), Vinegar, Sugar, Flavour, Coconut Milk Powder (Maltodextrin, Acidity Regulator (339), Salt, Oil, Whey Powder, Stabilizers (401, 412)).

Gloss: Milk Solids, Sugar, Mineral Salt (450), Colours (102, 124), Parsley

Storage Conditions: Store in freezer, thaw in fridge the night before use and display in refrigerated showcase/fridge.

Shelf Life: 6 months from DOM when stored at -18°C, 3 days when stored at 3-5°C.

Country of Origin: Made in Australia

Process Statement:

Made on the premises where wheat, crustaceans, sesame seeds, nuts (including peanuts), dairy (milk), egg and soya products are processed.

Mrs Fields
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Stockmans Chunky Angus Pie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 220g

	Average Quantity per Serving	Average Quantity per 100g
Energy	2040kJ (488Cal)	926kJ (221Cal)
Protein	20.5g	9.3g
Fat, Total	27.6g	12.6g
- Saturated	15.4g	7.0g
Carbohydrate	44.4g	20.2g
- Sugars	1.7g	0.8g
Sodium	573mg	260mg

Ingredients:

Angus Black Diced beef, **Wheat** Flour, Water, Margarine (Beef & Vegetable Fats, Certified Sustainable Palm Oil, Water, Salt, Emulsifiers (322, 471), Acidity Regulators (330, 500), Antioxidants (306, 319), Colour (160a)), Onion, Starch (Maize Starch, Thickener (1422)), Tomato Paste, Beef Booster (Hydrolysed Vegetable Protein, Salt, Rice Flour, Sugar, Canola Oil, Dried Vegetable, Flavour, Anticaking Agent (554), Flavour Enhancer (635), Food Acid (330)), Hydrolysed Soy Protein (contains **Soy**), Caramel (Maize, Water, **Sulphur** Dioxide (220)), Pepper, Salt, Topping (Poppy Seed strip).

Storage Conditions:

Store in freezer till ready to use, display in refrigerated showcase.

Shelf Life: 9 months from DOM when stored at -18°C, 3 days when thawed and stored at 3-5°C.

Country of Origin: Made in New Zealand

Process Statement:

Made on the premises where wheat, sesame seeds, nuts (including peanuts), dairy (milk), egg and soya products are processed.

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Steak, Bacon & Cheese Pie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 220g

	Average Quantity per Serving	Average Quantity per 100g
Energy	2,308kJ	1,049kJ
Protein	20.7g	9.4g
Fat, Total	29.7g	13.5g
- Saturated	17.4g	7.9g
Carbohydrate	50.6g	23.0g
- Sugars	1.7g	0.8g
Sodium	875mg	398mg

Ingredients:

Water, **Wheat Flour**, Beef, Thickeners (1422, 407, 412), Onion, Tomato, Sugar, **Milk**, Maltodextrin, Pork, Vegetable Oil, Acidity Regulators (330, 500, 450, 451), Salt, Emulsifiers (471, **Soya** Lecithin, 481, 452), Flavour Enhancers (621, 635), Flavour, Yeast Extract, Pepper, Starch, Herbs, Garlic, Culture, Enzymes (Rennet), Spice, Dextrose, Colours (150c, 160a, 102, 124), Anticaking Agent (460), Antioxidants (306, 316), Preservatives (211, 202, 200, 250).

Storage Requirement & Shelf Life:

Keep frozen up to 3 months, 2 days in the fridge once defrosted

Country of Origin: Made in Australia from local and imported ingredients

Process Statement:

Made on the premises where wheat, oats, sesame seeds, nuts, dairy (milk), egg, fish and soya products are processed. The pies will be baked on the premises where peanuts were handled.

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Pepper Steak Pie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 220g

	Average Quantity per Serving	Average Quantity per 100g
Energy	2340kJ (559Cal)	1060kJ (253Cal)
Protein	19.8g	9.0g
Fat, Total	35.0g	15.9g
- Saturated	17.0g	7.7g
Carbohydrate	46.2g	21.0g
- Sugars	1.4g	0.7g
Sodium	635mg	288mg

Ingredients:

Angus diced Beef, **Wheat** Flour, Water, Margarine (Beef & Vegetable Fats, Certified Sustainable Palm Oil, Water, Salt, Emulsifiers (322, 471), Acidity Regulators (330, 500), Antioxidants (306, 319), Colour (160a)), Cream (contains **Milk**), Starch, Onion, Peas, Red Capsicum, Green Peppercorn, Beef Booster (Hydrolysed Vegetable Protein, Salt, Rice Flour, Sugar, Canola Oil, Dried Vegetable, Flavour, Anticaking Agent (554), Flavour Enhancer (635), Food Acid (330)), **Soya** Oil, Cracked Pepper, Brandy Concentrate (<0.2% alcohol), Ground Black Pepper, Salt, Topping (Cracked Pepper).

Storage Conditions:

Store in freezer till ready to use, display in refrigerated showcase.

Shelf Life: 9 months from DOM when stored at -18°C, 3 days when thawed and stored at 3-5°C.

Country of Origin: Made in New Zealand

Process Statement:

Made on the premises where wheat, sesame seeds, nuts (including peanuts), dairy (milk), egg and soya products are processed.

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Ned Kelly Mince Pie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 220g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1970kJ (471Cal)	896kJ (214Cal)
Protein	15.5g	7.0g
Fat, Total	28.4g	12.9g
- Saturated	15.6g	7.1g
Carbohydrate	46.7g	21.2g
- Sugars	1.2g	0.6g
Sodium	568mg	258mg

Ingredients:

Water, Beef Mince, **Wheat** Flour, Margarine (Beef & Vegetable Fats, Certified Sustainable Palm Oil, Water, Salt, Emulsifiers (322, 471), Acidity Regulators (330, 500), Antioxidants (306, 319), Colour (160a)), Starch, Onion, Tomato Paste, Beef Booster (Hydrolysed Vegetable Protein, Salt, Rice Flour, Sugar, Canola Oil, Dried Vegetable, Flavour, Anticaking Agent (554), Flavour Enhancer (635), Food Acid (330)), Caramel (Maize, Water, **Sulphur** Dioxide (220)), Hydrolysed **Soy** Protein, Pepper.

Storage Conditions:

Store in freezer till ready to use, display in refrigerated showcase.

Shelf Life: 9 months from DOM when stored at -18°C, 3 days when thawed and stored at 3-5°C.

Country of Origin: Made in New Zealand

Process Statement:

Made on the premises where wheat, sesame seeds, nuts (including peanuts), dairy (milk), egg and soya products are processed.

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Chicken Carbonara Pie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 200g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1760kJ (421Cal)	881kJ (211Cal)
Protein	14.9g	7.4g
Fat, Total	21.6g	10.8g
- Saturated	10.8g	5.4g
Carbohydrate	44.1g	22.1g
- Sugars	3.4g	1.7g
Sodium	742mg	371mg

Ingredients:

Pastry: flour, margarine (animal fats and vegetable oil, water, salt, **skim milk powder**, **whey powder**, emulsifier **lecithin (soy)**, 471, 322, food acid (330), flavour, water, sodium bi carbonate (baking powder), anti-oxidant (307), potassium sorbate (202), beta carotene cream of tartar (336), colour (160a), improver (920)

Filling: Water, cooked chicken (18%) (chicken (86%), sugar, salt, mineral salt (451), vegetable fibre, dried vegetable, rice flour, spice extract, canola oil), thickener (1422), onion, bacon (pork, water, salt (451), sugar, flavour enhancer (621), (635), rice flour, HVP, sodium nitrite (250), spice extract), mushroom, **cheese (milk, salt, culture, enzyme rennet, anticaking agent (460), preservative (200), milk powder (milk, emulsifier (322), Vitamin A, Vitamin D), oil, flavourings (maltodextrin, chicken, yeast extract, chicken fat, rice flour, lactose, anticaking agent (551), sugar, hydrolysed vegetable protein, onion powder, vegetable oil, potassium phosphate (340), dextrin, antioxidant (307), colour (150) ,(150a), flavour enhancer (635)), black pepper, stabilizer (407), (412)**

Gloss: **Milk solids**, sugar, mineral salts (450), colour (102,124)

Topping: Dried parsley flake

Storage Conditions: Store in freezer till ready to use, display in refrigerated showcase.

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Shelf Life: 9 months from DOM when stored at -18°C, 3 days when thawed and stored at 3-5°C.

Country of Origin: Made in Australia

Process Statement: Made on the premises where wheat, sesame seeds, nuts (including peanuts), dairy (milk), egg and soya products are processed.

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