



Spinach and 4 Cheese Roll

NUTRITION INFORMATION

Nutritional information is taken on average quantities

Individual product weights may vary

Servings per package: 1

Serving size: 150g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1439kJ	959kJ
Protein	11.5g	7.7g
Fat, Total	17.2g	11.5g
- Saturated	9.1g	6.1g
Carbohydrate	34.9g	23.3g
- Sugars	1.3g	0.8g
Sodium	785mg	523mg

Ingredients:

Spinach, **Milk**, **Wheat** Flour, Onion, Rice, Salt, Sugar, Yeast, Starch, Vegetable Oil, Acidity Regulators (260, 500, 330), Emulsifier (471), Culture, Enzymes (Rennet), Thickener (461), Garlic, Pepper, Flavour, Anti-Caking Agents (460, 554), Preservatives (200, 202), **Soya** Lecithin, Propellant (944).

Storage Conditions: Keep frozen (-18°C)

Shelf Life: 12 months from DOM when stored at -18°C, 7 days after thawing when stored at 3-5°C

Country of Origin: Made in Australia from local and imported ingredients.

Process Statement:

Made on the premises where wheat, oats, sesame seeds, nuts (including peanuts), dairy (milk), fish, egg and soya products are processed.

Date of Issue:
03/11/17

Mrs. Fields
Unit 11, 9-15 Gundah Rd
Mt Ku-ring Gai, NSW2080
Tel: 02-9472-8555



Cheese and Bacon Roll

NUTRITION INFORMATION

Nutritional information is taken on average quantities

Individual product weights may vary

Servings per package: 1

Serving size: 150g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1619kJ	1079kJ
Protein	13.2g	8.8g
Fat, Total	19.9g	13.3g
- Saturated	8.9g	5.9g
Carbohydrate	37.8g	25.2g
- Sugars	1.6g	1.1g
Sodium	1154mg	769mg

Ingredients:

Beef, Water, **Flour**, Onion, Pork, **Egg**, Tomato, **Milk**, Gluten, Salt, Acidity Regulators (451, 500, 330), Sugar, Yeast, Emulsifiers (471, 452), Flavour Enhancers (621, 635), Spice, Vegetable, Vinegar, Thickeners (1422, 415, 407, 412), Vegetable Oil, Culture, Enzyme (Rennet), Dextrose, Starch, Maltodextrin, Flavour, Parsley, Herbs, Pepper, Gelling Agent (508), Colour (150d), Preservatives (221, 200, 250, 202), Antioxidant (316), **Soya** Lecithin, Anti-Caking Agents (554, 460), Propellant (944).

Storage Conditions: Keep frozen (-18°C)

Shelf Life: 12 months from DOM when stored at -18°C, 3 days after thawing when stored at 3-5°C

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Lamb and Rosemary Roll

NUTRITION INFORMATION

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Individual product weights may vary

Servings per package: 1

Serving size: 150g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1537kJ	1024kJ
Protein	12.1g	8.1g
Fat, Total	19.2g	12.8g
- Saturated	8.3g	5.5g
Carbohydrate	35.9g	23.9g
- Sugars	1.5g	1.0g
Sodium	628mg	419mg

Ingredients:

Lamb, Water, **Wheat** Flour, Onion, **Egg**, Tomato, Salt, Sugar, Yeast, Vinegar, Thickeners (1422, 415, 412, 407), Vegetable Oil, Maltodextrin, Molasses, Rosemary, Pepper, Spice, Vegetable, Hydrolysed Vegetable Protein, Wheat Starch, Acidity Regulators (500, 330), Colour (150d), Flavour, Preservative (202), **Soya** Lecithin, Propellant (944).

Storage Conditions: Keep frozen (-18°C)

Shelf Life: 12 months from DOM when stored at -18°C, 3 days after thawing when stored at 3-5°C

Country of Origin: Made in Australia from local and imported ingredients.

Process Statement:

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Sausage Roll

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 150g

	Average Quantity per serve	Average Quantity per 100g
Energy	1499kJ	999kJ
Protein	10.5g	7.0g
Fat, Total	18.2g	12.1g
- Saturated	7.9g	5.2g
Carbohydrate	37.5g	25.0g
- Sugars	1.5g	1.0g
Sodium	849mg	566mg

Ingredients:

Beef, Water, **Wheat** Flour, Onion, **Egg**, Tomato, Gluten, Salt, Acidity Regulators (451, 500, 330), Sugar, Vegetable Oil, Vinegar, Thickeners (1422, 415, 412, 407), Emulsifier (471), Yeast, Flavour Enhancers (621, 635), Spice, Vegetable, Hydrolysed Vegetable Protein, Maltodextrin, Molasses, Starch, Flavour, Pepper, Herbs, Colour (150d), Preservatives (221, 202), Anti-Caking Agent (554), **Soya** Lecithin, Propellant (944).

Storage Conditions: Keep frozen (-18°C)

Shelf Life: 12 months from DOM at -18°C, 3 days after thawing when stored at 3-5°C

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